

# Foundations Training & Consulting

## Vicarious Trauma and Self Care for Clinicians

July 7, 2020 9am – 12pm Webinar on ClickMeeting

MCBAP approved for 3 CE Hours (Related)

### Goals:

Vicarious Trauma and Self Care for Clinicians is an interactive program. Participants will be able to define trauma and identify potentially traumatic events, define vicarious trauma, identify sources of secondary trauma in helping professionals, identify signs of burnout and compassion fatigue, differentiate between healthy and unhealthy strategies for self-care and develop a personal self-care plan.

### Objectives:

- Defining trauma and identifying potentially traumatic events.
- Defining vicarious trauma.
- Identify sources of secondary trauma in helping professionals.
- Identify signs of burnout and compassion fatigue.
- Differentiate between healthy and unhealthy strategies for self-care.
- Develop a personal self-care plan.

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Registration Form – detach this portion and submit with payment

Vicarious Trauma and Self Care for Clinicians\*  
July 7, 2020 9am – 12pm Webinar on ClickMeeting

Name (Please Print): \_\_\_\_\_ Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Agency: \_\_\_\_\_ Profession(s): \_\_\_\_\_

#### TUITION:

\_\_\_ \$50 Individual Rate

\_\_\_ \$45 Group Rate (3+ Persons Registering Together)

\_\_\_ \$60 On-Site Registration (if space is available)

1. Phone (248) 659 – 2110

2. Mail: PO Box 172, Goodrich MI. 48438

3. E-Mail: [FoundationsTandC@gmail.com](mailto:FoundationsTandC@gmail.com)

\* Program reviews the psychological response to trauma. Potentially traumatic events as well as common responses will be discussed in detail. This program may trigger emotional responses for individuals that have experienced trauma in the past. Participants are encouraged to consider this when registering for the program.

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### Schedule:

8am – 9am: Registration

9am Program begins

10:20am – 10:30am Break

10:30am Program resumes

Adjournment 12pm

**Continuing Education Credits:** Credits are for full attendance at the program.

MCBAP approved courses are an accepted form of Continuing Education Credits for all levels of Psychology in Michigan. For other professions, please save your course outline and certificate of completion. This information can be used to contact the applicable board for information regarding Continuing Education Credits.

**Transfers:** If you are unable to attend the session you are registered for please call the registration office to inquire about transferring your registration to another seminar location and date.

**Attendee Cancellation:** Transferring registered attendance to another program is permitted. Failure to attend the scheduled program for the duration of the scheduled program will result in forfeiting your registration fee. Cancellation must be received in writing 10 business days prior to the program for a full refund.

**Foundations Cancellation:** In the unlikely event that a program cannot be held (e.g., inclement weather), a full refund or transfer of registration to another program will be offered.

**Accommodations:** To ensure arrangements for special accommodations written requests for accommodations must be received 10 business days prior to the program. Attempts for on-site accommodations requested with less than 10 business day notice will be made; however, are not guaranteed.