

# 2019 First Aid & CPR

Effective March 1, 2019, the MCCMH Training Department will no longer provide First Aid and CPR to the MCCMH Provider Network. Therefore providers will need to obtain their training from other appropriate sources.

**In person (hands on) skills demonstration monitored by a certified instructor for certification in First Aid and CPR is required. Examples of entities that fulfill this requirement within their established fidelity are American Heart Association, American Red Cross, EMS Safety, and American Safety & Health Institute. Training opportunities can be found on these entities websites. Blended training options that incorporate online content training along with in person skills demonstration in front of a certified trainer for certification will be accepted. Any training option that does not include in person skills demonstrations will not be accepted.**

## **American Red Cross CPR/FA training formats that can be utilized are:**

- 1) **In Person:** Led by knowledgeable instructors, our in-person courses combine lecture with hands-on skills sessions. Perfect for those who learn best in a traditional classroom setting, our in-person classes give you ample time to ask questions and become comfortable with the latest techniques.
- 2) **Simulation Learning:** Using a combination of self-paced, interactive online CPR classes and in-class skill sessions, our groundbreaking Simulation Learning courses give you the ability to train on your schedule, and demonstrate your skills to a certified instructor.

## **American Heart Association formats that can be utilized are:**

- 1) **100% Classroom Training:** Live in person training provided within a classroom setting. This includes in person skills demonstration for certification in front of a certified AHA First Aid and CPR instructor.
- 2) **Blended Learning:** Which combines online learning with hands on session and in person skills demonstration for certification in front of a certified AHA First Aid and CPR instructor.

Please see the links below for a list of preferred (trainings with in person competency skills demonstration) training opportunities with the American Red Cross or American Heart Association

American Heart Association Link:

<http://ahainstructornetwork.americanheart.org/AHAecc/classConnector.jsp?pid=ahaecc.classconnector.home>

American Red Cross Link:

<https://www.redcross.org/take-a-class/cpr/cpr-training/cpr-classes>

American Safety & Health Institute:

<https://emergencycare.hsi.com/>

**Staff members must provide their employers with a valid certificate of completion to be stored in their personnel file.**